

SPIRITUAL RESTORATION



GAIA TEMPLE



*"Silence is the
greatest sound,
for those
who can hear..."*

Rumi

METİN LEVİ



GAIA TEMPLE

“Spiritual Restoration”

In an era where even vacations leave us exhausted, the need for true peace of mind has become more important than ever. Neither at home nor at work can we find solitude and silence to truly rest. One's only alone time shouldn't be limited to sitting in traffic. Feeling this need himself, Metin Levi envisioned that many others might be experiencing the same struggle. With this in mind, he established Gaia Temple as a “Silent Hotel and Ayurveda” concept.

There is no similar concept in the world yet, which excites an entrepreneur like Metin Levi even more. It may soon be imitated, but Gaia Temple remains unique with its only six rooms and its profound silence.



Silence offers a gateway to inner journeys and spiritual restoration. Many philosophers and thinkers have emphasized the power of silence. In a world where people turn to psychologists or medications for relief, an inner journey is a far more natural solution.

We invite you to immerse yourself in the breathtaking nature of Datça, where the healing traditions of ancient Knidos and Caria continue to inspire.

(The phrase Koca Karı İlacı—meaning “old wives’ remedy”—actually originates from Koca Karia İlacı, referring to the ancient healing wisdom of Caria, dating back to 2000 BCE.)

You will leave this land with a deepened awareness of its special energy.

We invite you on a unique journey to rejuvenate your body, mind, and soul. Our goal is to ensure that our guests experience the highest level of spiritual restoration. To help deepen this journey, we kindly ask all guests to honor the following principles.

AYURVEDA

Program Details



BALANCE YOUR BODY AND SOUL WITH AYURVEDA

Hello, I'm Pelin Özay. In Gaia's healing atmosphere, I invite you to experience the ancient wisdom of Ayurveda.

Ayurveda is a timeless art of living that seeks to harmonize the body, mind, and soul with nature.

We believe that every individual has a unique energy balance, and we offer personalized therapies in alignment with this. Through Ayurvedic massages, Shirodhara, and herbal oil treatments, we purify the body and calm the soul.

I warmly invite you to embark on this ancient healing journey – to reconnect with nature's rhythm and rediscover your true essence.

With love,
Pelin Özay
Gaia Temple Ayurveda Specialist



AYURVEDA PROGRAM DETAILS

3-Night Package:

- Ayurvedic Consultation
- Dinacharya (Ayurvedic Morning Ritual)
- Ayurvedic meals tailored to the individual and the season
- Daily personalized Ayurvedic massages and treatments
- Ayurvedic Lifestyle Workshop
- A follow-up protocol to continue at home after your stay

5-Night Package:

Includes everything in the 3-night package, plus:

- Ayurvedic Cooking Workshop

7-Night Package:

Includes everything in the 3- night package, plus:

- Ayurvedic Cooking Workshop
- Ayurvedic Self-Care & Skincare Workshop
- Closing Fire Ceremony Circle



PRICING

7- Night Package
1800 Euro.-

5- Night Package
1500 Euro.-

3- Night Package
1100 Euro.-

- Ayurvedic meals and drinks are included.
- Morning yoga is included.
- Every Sunday, sound therapy is included.
- Massages outside the package are subject to an additional fee and must be booked in advance.

GAIA TEMPLE

Accommodation Details



GENERAL INFORMATION

ACCOMMODATION

Check-in is available only on Saturdays.
Packages include 3, 5, or 7 nights.

Check-in time: 14:00

Check-out time: 11:00

Gaia Temple is an adults-only retreat (18+).

ROOM SELECTION

- Gaia Temple has only six rooms.
- All rooms are priced equally.
- Early reservations secure room preferences.

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|---------------------------------|-------|
| SHIVA ~ Senior Suite Room | 37 m2 |
| BRAHMA ~ Executive Suite Dublex | 35 m2 |
| SABINA ~ Deluxe Suite Room | 31 m2 |
| KRISHNA ~ Junior Suite Room | 24 m2 |
| INDIRA Superior ~ Twin Room | 23 m2 |
| RAMA ~ Superior Room | 19 m2 |



CUISINE

Healthy, alkaline, vegan, and vegetarian meals prepared with Ayurvedic and local ingredients.

Meal times;

| | |
|-----------|-------|
| Breakfast | 09.00 |
| Lunch | 13:00 |
| Dinner | 18:30 |

We kindly ask that you inform us in advance of any special dietary requirements or allergies.

NUTRITION
IS A HEALING JOURNEY
THAT NOURISHES
NOT ONLY
THE BODY,
BUT
ALSO THE MIND AND
SOUL.



Discover Inner Balance at Gaia

In the heart of nature, Gaia offers you a sanctuary where your body, mind, and spirit find harmony. On your inner journey, we nourish your soul while gently purifying your body through natural healing practices.

We invite you to step into rebirth with Ayurvedic massages, Shirodhara therapies, and the timeless remedies nature gracefully provides. Align with the rhythm of the earth, quiet your soul, and rediscover the peace within.

Wishing you a path illuminated by silence and spiritual restoration.

Gaia Temple Family



GAIA TEMPLE



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